

189 Dressage

What is dressage?

---

---

---

---

---

Explain the difference between the working walk and the free walk.

---

---

---

---

---

What gaits is the horse expected to do at Training Level?

---

---

What kind of horse can be improved by dressage training? \_\_\_\_\_

What kind of bit is used in dressage (lower levels)? \_\_\_\_\_

What kind of saddle is used in dressage (lower levels)?

---

What is a “change of rein”? “Change of leg”?

---

---

---

In every movement, which rein is the collecting rein and which rein is the communicating rein?

---

---

In every movement, which rein is the inside rein and which rein is the outside rein?

---

---

In every movement, which rein has more "feel"?

---

How do you ride a serpentine?

---

---

What is the difference between "above the bit", "over the bit", "behind the bit" and "on the bit". Which is good and which are evasions of the horse?

---

---

---

---

---

---

---

---

---

---

What are the dimensions of the small arena and the large arena used for dressage competitions?

---

---

Describe the clothing and tack used in Training Level competition.

---

---

---

---

---

What tack items are not ALLOWED in Training level competition?

---

---

---

The horse must be ridden “on contact” in dressage. What does this mean? How does this affect the rider’s hands?

---

---

---

---

---

---

---