

## 180 Learning to Jump

1. What is the distance in front of the jump where the horse should take off to jump it?
2. What is the distance between the two fences of an in and out jump if the horse is to take one stride in-between?

Two strides?

No strides?

3. What are cavaletti?
4. What are cavletti used for?
5. How should you adjust your stirrups for jumping compared to flat work?
6. What type of jumps should you use to teach a horse to use his front legs better?
7. What type of jumps should you use to teach a horse to use his back legs better?
8. What could happen if you start jumping without warming-up your horse?
9. What could happen if you don't have enough weight in your stirrups?
10. When approaching a jump, where should the rider look? Why?